

Investing in United Way – What a Dollar Buys

United Way of the Columbia-Willamette is working to advance the common good by focusing on the building blocks we all need for a good life: education, income, and health. We all win when a child succeeds in school, when families are financially stable, when people are healthy.

We research the needs of the community, maximize how your dollars are used, and invest in programs that restore independence and stability to our neighbors. United Way's goal is to create long-lasting changes that prevent problems from happening in the first place. We invite you to be part of the change. Together, united, we can inspire hope and create opportunities for a better tomorrow. That's what it means to LIVE UNITED.

Here's where your dollars are invested:

Education - Helping children and youth achieve their potential, graduate and succeed in life

- Early childhood education
- Providing after-school and mentoring programs
- Connecting parents with resources and education

Income – Reducing poverty by promoting financial stability and independence

- Helping people find and retain affordable housing
- Increasing access to employment, workforce training and living wage employment
- Specialized services for seniors and people with disabilities.

Health - Improving people's health

- Increasing access to health and dental care
- Providing mental health and addictions treatment
- Preventing domestic and family violence

Every dollar you contribute counts. Skip a lunch out one day a week, or a latte. Consider renting a movie instead of going to the theater. Donate the savings to help someone in need. It's easy to make a big difference in someone's life.

Here are some examples of how your dollar can help:

\$1 per week provides

- cancer screening for one uninsured patient

\$2 per week provides

- tools and a work uniform for an adult starting a new construction job
- a deposit for one family to have their utilities turned back on
- one low-income family with tax preparation, financial counseling, credit repair and a homeownership workshop

\$6 per week provides

- a month of after-school care for one child
- a mentor and 12 tutoring sessions for one youth learning to read
- 30 emergency food boxes, each with enough food for a family of four for 3 days

\$10 per week provides

- rental assistance to one family to prevent eviction
- 12 home visits to help a senior manage medications and retain their independence
- support for one family and their child with a developmental disability with play therapy and parenting education for one year

\$20 per week provides

- four months of quality child care for one preschool-aged child with working parents
- an adult mentor matched with an at-risk youth for a year of support and skill building
- child care, transportation and food while a domestic violence survivor completes a job training course

Join us in helping those most in need in our community. GIVE. ADVOCATE. VOLUNTEER